



# **Multifamily Service Program Resource Directory**

# **ADULT DAY CARE SERVICES/ASSISTE LIVING COMMUNITIES**

## **Day Break Adult Day Care**

**(928) 783-8316 321 S. 15<sup>th</sup> Avenue, Yuma, AZ 85364 7:30am -4:00pm Mon-Fri**

In-home care agencies offer a wide range of services -- everything from grocery shopping and meal preparation to personal care such as toileting and bathing. You can hire an in-home care worker to come to your home just once, to give you a much-needed break; you can hire someone to come regularly; or you can even find someone to live in your loved one's home.

## **Home Instead Senior Care**

**2475 S. AVENUE A, Yuma, AZ 85364 (928) 317-3037**

If you're looking for extraordinary in-home senior care and companionship, you've come to the right place. Call now to see how we can help your loved one live independently at home.

## **Affectionate Care Assisted Living**

**1187 S. Sandra Avenue, Yuma, AZ 85367 (928) 342-1205**

Located in Yuma, Arizona provides the following services: Assisted Living and Micro-Community: Residential Care Facility. Note that there are no hospitals within a 10 miles distance.

## **Copper Hills House**

**12234 E. NORTH Frontage Rd., Yuma, AZ 85367 (928) 305-0892**

Combines retirement living with comfort and luxury in a beautiful independent setting. The variety of services and programs at Copper Hills House, including Assisted Living, Companion Living and Respite Care, fulfill our residents' needs.

## **Emerald Springs Retirement & Assisted Living Community**

**1475 S. 46<sup>th</sup> Avenue, Yuma, 85364 (928)329-7707**

We offer independent living, assisted living and memory care services for senior citizens. We are proud to offer a wide range of amenities that enable you to live life to the fullest, and in a manner that best suits your interests and desires. Our approach to providing a desirable senior living option is exemplified in the quality, service and value we provide.

## COUNSELING/ SUPPORT

### **CAMPESINOS SIN FRONTERAS**

725 E. Main St. Somerton, AZ 85350

(928) 627-1060 (928) 627-6677 (928) 627-5995 (928) 627-9777 fax (928) 627-7446

Offers several health control and prevention programs such as tobacco, cardiovascular diseases, diabetes, asthma. Also offers classes to handle pesticides, suicide prevention, domestic violence, etc. We offer well families program, nutrition program for adults and children to teach them the importance of healthy eating habits. Youth leadership offering teens from the ages of 13-18 support and guidance. The Housing Rehabilitation program helps low income families with home improvements. If you do not qualify you may be eligible for a loan program with a 1% interest rate. For more information please call.

### **CATHOLIC COMMUNITY SERVICES (CCS IN WESTERN ARIZONA)**

690 E. 32<sup>nd</sup> St. Yuma, AZ 85364 (928) 341-9400 Fax: (928) 341-8428 Adult Day Health Care (928) 783-8316

Safe House (928) 782-0077 [www.ccs-soaz.org](http://www.ccs-soaz.org)

Provides services regardless of race, religion, or ability to pay. Program includes individual family and marriage counseling, pregnancy counseling, domestic violence shelter, transportation for the elderly, medical and dialysis services. We will not travel to the Foothills.

### **HOSPICE OF YUMA**

1824 S. 8<sup>th</sup> Ave Yuma, AZ 85364 (928) 343-2222 Toll Free: 1-877-343-2226 TDD: 1-877-343-2226

Clinical Staff: Fax (928) 343-0688

[www.hospiceofyuma.com](http://www.hospiceofyuma.com)

Provide compassionate care for many terminally ill patients and their families. For patients, hospice care offers emotional and spiritual support and state-of-the-art medical care, tailored to the patient's wishes to remain at home, as pain free and comfortable as possible.

## FOOD/CLOTHING/SHELTER ASSISTANCE

### **DEPARTMENT OF ECONOMIC SECURITY (DES)**

**Adult Protective Services 1185 S. Redondo Dr. Yuma, AZ 85365 (928) 247-8617 Hotline Central Intake: 877-767-2385**

Asses and investigate allegations of neglect, abuse and exploitation of vulnerable and incapacitated adults.

APS can assist in facilitating services and supports that help protect vulnerable adults from abuse, neglect or exploitation, and help them live as independently as possible

#### **Rehabilitation Service Administration**

1185 S Redondo Drive, Yuma, AZ 85365 (928) 247-8880

Provides vocational rehabilitation services for disabled individuals who reside in the service area and are seeking employment. Independent Living Rehabilitation Services (ILRS) for severely disabled individuals who need independent living services. Intake procedures: Orientation section followed by initial interview appointment with vocational rehabilitation counselor. Helps individuals who are disabled, unemployed, or under-employed to be more effective in the labor force, helps these individuals gain employment meeting their abilities and goals.

**Division of Developmental Disabilities 1185 S Redondo Drive, Yuma, AZ 85365 (928) 247-8705** Our services and supports help eligible individuals with developmental disabilities achieve self-sufficiency and independence.

## **GREATER FOOTHILLS HELPING HANDS**

11776 S. Sheryl Dr. Yuma, AZ 85367 (928) 305-9974 [www.helpinghandsyuma.org](http://www.helpinghandsyuma.org)

A non-profit organization dedicated to provide varied and unique services which maintain the highest possible standards of independence dignity and quality of life for the homebound, elderly and disable adults in the Foothills area. In addition other services provided are: friendly phoning, friendly visiting, local non-emergency transportation, shopping assistance, minor home maintenance and repair business help and respite assistance.

## **HOUSING AUTHORITY OF CITY OF YUMA**

420 S Madison Ave Yuma, AZ 85364 (928) 782-3823; Fax (928) 343-2595 [www.hacy.org](http://www.hacy.org)

The HACY is a public agency chartered by the State of Arizona to administer the affordable housing programs. We provide low-income housing and rental assistance to low-income families, and the elderly. We also operate a self-sufficiency program to assist families to become economically independent from government services within a five-year contract period.

## **YUMA COUNTY HOUSING DEPARTMENT**

8450 W. Highway 95, Suite 88 Somerton, AZ 85350  
(928) 627-8828 Fax: (928) 627-8715 TDD 1-800-1833 ext 705 [www.co.yuma.az.us](http://www.co.yuma.az.us)

A major goal of the Housing Department is to develop, promote and administer an assisted housing program within the authorized area of operation. To provide safe and sanitary housing for low-income families in an efficient and economical manner consistent with local and federal goals and objectives. To efficiently administer projects and programs as approved by the Annual Contributions Contract.

## **HOUSING AMERICA CORPORATION**

130 N State Avenue, Somerton, AZ 85350 (928) 627-4221 Fax (928) 627-4213 [www.housingamericacorp.com](http://www.housingamericacorp.com)

Is a non-profit organization dedicated to improving communities in the area, it serves by providing decent, safe and affordable housing through education and economic opportunity to very low, low and moderate income individuals and families. Under this program, individuals or families receive a loan directly from the Government.

## **LOW INCOME HOUSING FOR SENIORS**

**Catalina Square Apts:** 3000 S. Catalina Dr., Yuma, AZ 85364 (928) 344-2674

**L.M. Kelly Apts:** 721 E. 24<sup>th</sup> Street, Yuma, AZ 85364 (928) 726-8002

**La Mariposa Senior Housing:** 265 E. 24<sup>th</sup> Street, Yuma, AZ 85364 (928) 314-3344

## **NORTH END COMMUNITY CENTER (SENIOR CENTER)**

160 E. 1<sup>st</sup> St. Yuma, AZ 85364 (928) 373-5245 Monday - Thursday 8:00 A.M. - 4:00 P.M.

The Senior Center provides recreational activities for seniors over 50 years old. These activities include: pool tables, art & crafts, pottery, drawing, wood carving, oil painting, pastel, scratch art, crocheting. The Catholic Community Services serves lunch from 11:00-12:00 p.m. Monday through Friday, with every other Friday being closed. You have to fill out a form once a year to be eligible for this service. 60 and over: \$ 2.00 a meal Under 59: \$6:00 a meal

## **PRECIOUS TREASURES MISSION**

492 E. Main St Somerton, AZ 85350 (928) 627-3640 [www.precioustreasuresmission.org](http://www.precioustreasuresmission.org)

Precious Treasures assists families who may have a family member with a terminal illness, had a death in the family, live in an abusive situation, and had a fire loss or other similar catastrophe. Services provided by Precious Treasures Mission are: food boxes, clothing distribution, and a safe working environment for those with learning disabilities to learn

vocational skills. Provide reading and math tutoring and computer learning such as: internet, research, science project; to Youth ages K-12.

## **SALVATION ARMY**

600 W. Catalina Dr. Yuma, AZ 85364 (928) 783-0181 or (928) 276-3727

Provides emergency food boxes referrals to other community resources, clothing and utility assistance, and gasoline/utility assistance when funding is available.

## **SAN LUIS NUTRITION PROGRAM**

790 Juan Sanchez Boulevard, San Luis, AZ 85349 (928) 627-0646

Serves breakfast from 8:00 A.M. to 9:00 A.M. and lunch at 11:00 A.M. to 12:00 P.M. Several recreational and fitness activities for seniors and local transportation provided.

## **SMILE-SERVICES MAXIMIZING INDEPENDENT LIVING & EMPOWERMENT**

1931 S. Arizona Avenue, Suite 4 Yuma, AZ. (928) 329-6681 Toll Free: 1-800-239-7645 [www.neiaw.com/smile](http://www.neiaw.com/smile)

### **Advocacy**

SMILE continually advocates for the Independent Living Philosophy, both individually and system wide. The Board and staff constantly strives to improve the system by writing letters, training staff, providing services, and creating public awareness as to the services and opportunities open to people who have disabilities.

### **Social Security CWIC (Community Work Incentives Coordinator)**

SMILE has 2 CWIC's in office. Provides presentations to increase community awareness of Social Security Work Incentives. Provides benefits advisement, planning and management support to SSI/SSDI beneficiaries and recipients with disabilities who want to work, but worry about losing their medical benefits and the safety of their Social Security checks.

## **WESTERN ARIZONA COUNCIL OF GOVERNMENTS (WACOG)**

224 S. 3<sup>rd</sup> Ave Yuma, AZ 85364 (928) 782-1886 [www.wacog.com](http://www.wacog.com)

WACOG is a governmental non-profit organization that is dedicated to serving its local jurisdictions, income challenged households, and vulnerable populations in Yuma, La Paz, and Mohave Counties.

WACOG works on a broad range of issues and programs including: the Community Development Block Grant (CDBG), Community Services Block Grant (CSBG), Head Start, Health, Low-Income Home Energy Assistance (LIHEAP), Nutrition, Services for Older Americans, Social Service Block Grant (SSBG), Transit and Transportation, Tax and Income Policies, Weatherization Assistance, Welfare Reform, Utility Assistance Program.

## **YUMA COMMUNITY FOOD BANK**

2404 E. 24<sup>th</sup> St., Ste. A Yuma, AZ 85364 (928) 343-1243 fax: (928) 782-7924 [www.yumafoodbank.org](http://www.yumafoodbank.org)

We offer an Emergency Food Box (E.F.B.) which offers adequate nutritional sustenance to families who have experienced an unexpected emergency. After meeting all eligibility requirements (need referral), the customer receives a food box based on their family size. Each box is designed to feed every family member 3 meals a day for 5 days. The Harvest Box was established to assist families with stretching their family dollar. Participants in the program may purchase a box of food for \$25.00. Commodity Supplemental Food Program (C.S.F.P) providing a monthly supplemental food box with a balance of food supplements that focus on iron rich nutrients. The Emergency Food Assistance Program (TEFAP) provides low-income individuals and households with surplus commodities donated by USDA, and the Agency Program which provides food products to qualified, non-profit social service agencies.

## **SENIOR NUTRITION PROGRAM**

- **Yuma Site**

160 E. 1<sup>st</sup> Yuma, AZ 85364 (928) 782-1105

- **Somerton Site**

239 W Canal Street, Somerton AZ 85350 (928) 627-8020

- **San Luis Site**

10790 Juan Sanchez Blvd, San Luis, AZ 85349 (928) 627-0646

We provide Food Box, Home Meals or onsite meals for adults 60 years + or disabled, In addition to the meals, the program provides Social Activities to help alleviate isolation seniors may experience and Educational Presentation with current information regarding issues that may affect them like attorney information or Medicare information.

We serve breakfast between 8:00 a.m. and 9:00 a.m., lunch is served from 11:00 a.m. to 12:00 p.m. We offer meals on wheels; must call the Central Intake Hotline at 1-800-782-1886 to assess whether you are eligible for this service. We also offer several activities for seniors; a short registration form needs to be filled out.

## **LEGAL ASSISTANCE**

### **COMMUNITY LEGAL SERVICES**

204 S. 1<sup>st</sup> Ave Yuma, AZ 85364 (928) 782-7511 Toll Free: (800) 424-7962 Fax: (928) 782-0037 [www.clsaz.org](http://www.clsaz.org)  
Legal service (civil only) to people who meet guidelines established by the program. Also offers divorce workshops for uncontested divorces and self-help packets are available for guardianship, name changes, will, etc with no fee charged. CLS focus with different types of services like: Arizona fair housing, legal assistance to Seniors, Coalitions Against Domestic Violence, Bankruptcy.

### **SENIOR LAW HOTLINE**

Statewide free hotline for AZ seniors for legal problems and questions 1-800-231-5441.

### **WACOG Legal Services**

**Legal Advocacy Program:** 224 S. 3<sup>rd</sup> Street, Yuma, AZ 85364 (928) 782-1886

**Pinal-Gila Council for Senior Citizen:** English and Spanish-speaking seniors with questions on wills, probate, deeds, transfer or pr9perty, consumer issues, debt, social security, and ALTIC systems questions. (800) 293-9393.

## **MEDICAL DISCOUNTS**

### **1-888-4PPA-NOW:**

As advertised on TV for prescription support for people in need.

## **MEDICAL SUPPLIES - DME**

### **Allie Medical Repair and Supply**

12146 S. 3<sup>rd</sup> Avenue, Yuma, AZ 782-1939

### **APRIA Health Care**

1285 E. Palo Verde, Yuma, AZ

## **Diabetic Supply Network of America**

365 3<sup>rd</sup> Avenue Naples, FL 34102 (888) 939-0987

## **Desert Health**

1700 1<sup>st</sup> Avenue, Yuma, AZ (928) 329-7235

## **First Health**

399 W. 32<sup>nd</sup> Street Yuma, AZ. (928)317-0040 Affiliated with Yuma Regional Medical & Yuma Home Care

## **Hospice of Yuma**

1824 S. 8<sup>th</sup> Avenue Services for the terminally ill, their caregivers and families (928) 343-2222

## **Preferred Home Care**

1103 E. 21<sup>st</sup> Street Ste. B (928)783-4120

# **AREA AGENCY ON AGING-WACOG**

## **Western “Arizona Council of Governments (WACOG)**

224 S. 3<sup>rd</sup> Avenue, Yuma, AZ (928) 782-1886 Area agency on Aging provides many services to seniors. Use general number for following services:

Information and Referral: Data bank of community resources for older adults and family.

# **TRANSPORTATION**

## **DIAL-A-RIDE**

2675 E. 14<sup>th</sup> St. Yuma, AZ 85364 (928) 539-7076

Safe and convenient transportation for seniors and persons with disabilities. You need to call 24 hours in advance before 2:30 P.M. Services available 5:00 A.M. to 10:00 P.M. Monday through Saturday.

## **Yuma County Area Transit (YCAT)**

2715 E. 14<sup>th</sup> St. Yuma, AZ 85364 (928) 783-2235 [www.ycat.org](http://www.ycat.org)

Please visit website or call YCAT office for bus schedule.

## **SAGUARO TRANSPORTATION SERVICE**

1495 S. 4<sup>th</sup> Ave Yuma, AZ 85364 (928) 783-6069 Ext. 248

Saguaro Transportation Service offers the availability of transportation to people seeking jobs. If you are elderly, disabled, or low income and are looking for employment, free transportation is available for interviews, job training, and trips to and from a new job for up to 60 days. Application needed.

